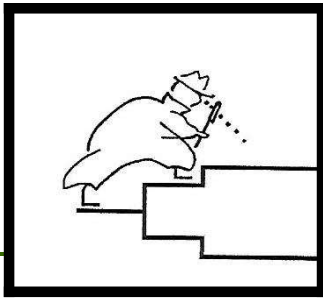




Genealogical Association of Sacramento

**Next meeting
is October 21st**



President's Message

Volume 10 Issue 10

October 2026

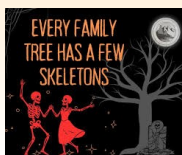
The next regular GAS
meeting will be held on

**Wednesday,
October 21st
at the Belle Cooledge
Library,
5600 South Land Park
Drive.**

The doors open at 11:50
AM. The Speaker will be-
gin at NOON, meeting and
party to follow!

**Our Speaker this month is
Cindy Brennan
"Minding Your Own
Business"**

*Discover information about your
ancestors who had their own small
local business.*



Greetings Members and Friends,

As we resume our G.A.S.
meetings following the sum-
mer recess, thank you for a
wonderful session sharing
your family treasures.



In October, we look forward to
celebrating the 50th anniver-
sary of G.A.S. and learning how to research
our ancestors through business records.
Lin McNamara briefly shared that she and I
are first cousins 7 or 8 times removed. If
you are interested, I will try to explain in the
Story section.

Carol Dunkel, President

Special points of
interest:

- Meeting
- Classes
- Door Prize
- Upcoming Events
- Library News
- Stories
- Membership News
- Recipe
- This and That

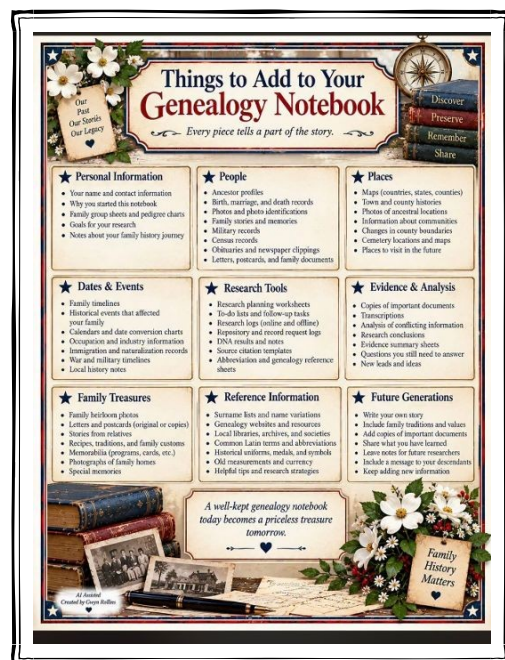
Genealogical Association of Sacramento



***It's A Celebration...
You're Cordially Invited
To Attend a Special
Celebration Meeting
On Wednesday,
October 21st at Noon
Belle Cooledge Library
Refreshments and Gifts!***

Board Members 2026

President	Carol Dunkel
Vice President	Lin McNamara
Secretary	Melanie Howard
Treasurer	Jim Hunt
Membership Programs	Kenya Frerichs
Ways and Means	Beth Daugherty
Webmaster	Patricia McKinnon
Newsletter Editor	Ann Owens
Historian	Carol Hendrickson
	Jim Hunt



Benefits of Membership

The first and foremost benefit of membership in GAS is genealogical education. We were formed as an educational organization to further the knowledge required to identify, locate and utilize resources to further individual research into

family history. Among the resources we provide are presentations by professional researchers, genealogists, curators and guardians of local information, museums, cemeteries, archives and other repositories of value to people searching for

their family history. In addition we publicize educational opportunities offered by others as in-person and on-line classes.

Please Support GAS:

GAS is a 501(c) (3) non-profit organization and your donation will help us continue our mission of education in genealogy and local history.

Thank you for your support! : Members can now pay dues & make donations and purchases via Zelle on their smart phones!

We also accept credit card payment using the 'square'



Have you checked out our website lately ?
We've made a few improvements check it out !



Genealogical Association of Sacramento's Website:

www.gensac.org
We have an all NEW Website!
Please check it out



**FREE...
LOTS OF
GOOD INFO
HERE!**

**A new webinar service is now available for you, as a member of G.A.S.,
to use on our website!**

The name of this service is GenSocSoup, and it provides us with pre-recorded webinars along with handouts by nationally known genealogy lecturer

Thomas MacEntee.

There are 15 pre-recorded webinars on a variety of genealogy topics to start, with more to be added throughout the year. These webinars are available for you to view at any time as a benefit of your G.A.S. membership.

To access the webinars, log in under the "Members" tab on our website, www.gensac.org, and then click on the "GenSocSoup Webinars" link.

Please check out these new webinars and start enjoying the latest learning tool for your genealogy research!

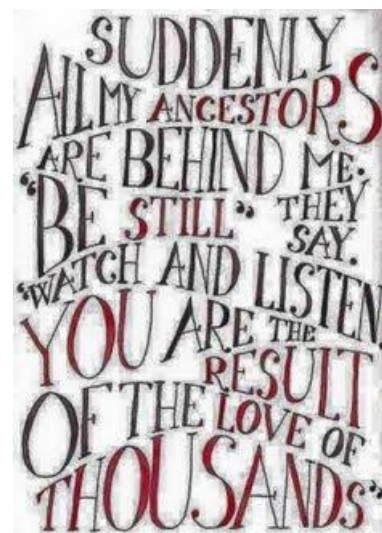
At our G.A.S. board meeting, I mentioned some of the books we received from former G.A.S. members will be sold via eBay; in fact five were sold this month. Pat Trentham and I have been working on the G.A.S. eBay site and there are now about 130 plus books listed. We've made over \$400.00 in the last 3 months! Here is a link that can be used to go directly to our list. The site is at

<https://www.ebay.com/usr/genealogybooks>



Thanks so much. Please let me know if you have any questions.

We also have books and paperbacks, bulletins, etc. for sale (donation) at our regular meetings. Check them out!



WHEN I DIE,
I GIVE MY FRIENDS
PERMISSION TO
CHANGE MY
FACEBOOK
STATUS TO
"IS VISITING
WITH ANCESTORS"

**Have you
checked
out this**

Dear Ancestor,
I may not have
found you today,
but?
It's a 3-day
weekend &
I bought snacks.

4YourFamilyStory.com



Center for Sacramento History
centerforsacramentohistory.org/about-center

Houses archival, historical government records, photograph, film, audio and artifact collections about history of the Sacramento region

Membership News

If dues are not paid by February 15 you will be dropped from the membership

**Dues for 2026
are \$25.00
January 1 to
December 31**

*NO Meetings July,
August and December*

*Dues are \$25.00 for an
individual and .
\$30 for a family membership
(living at the same address.)*

Dues can be sent to:
Genealogical Association of
Sacramento
P O Box 292145
Sacramento CA 95829-2145

To pay your dues on-line
using Zelle select
treasurer@gensac.org

We have 44 paid members!
About half of you are
attending meetings.
4 new members



Have you moved?

**Changed your
phone number?**

**Have a new email
address?**

**If you have please
update your
information with
our Membership
Chair at the next
meeting!**

UPCOMING EVENTS



Upcoming Events

October 17th, 10:00 am - 4:00 pm.

**Community Connections: Celebrating Archives
Month.** It will be happening at the, Sacramento Central
Library at 828 I Street, downtown.

October 21 ***Celebrating our 50th Year***

12 noon Guest Speaker:
Cindy Brennan
“Minding Your Own Business”
Belle Cooledge Library
5600 S Land Park Dr Sacramento

February 6, 2027 ***The Elk Grove Family
History and Genealogy Faire***

9 AM to 1 PM

A regional event featuring:

- .Keynote speaker: Linda Harms Okazaki
 - Educational classes
 - Exhibit Hall with activities and displays
 - Six free drawings for DNA test kits
- 8925 Vintage Park Drive in Sacramento

*May 2 - 7, 2027 Annual Trip to the
FamilySearch Library in Salt Lake City*



*Door Prize
Drawing*

We will have a door prize
drawing at each meeting!! Each
person in attendance will re-
ceive one ticket free! Always
good prizes to help with your
genealogy research.



Sacramento Family Search Center

https://www.familysearch.org/wiki/en/Sacramento_FamilySearch_Library/Classes

Hours:	Weekends:	2nd & 3rd as noted
Mon 10:00 AM to 4:00 PM		Sat 2:00 PM to 5:00 PM
Tue 10:00 AM to 8:00 PM		Sun 2:00 PM to 5:00 PM by appointment only
Wed 10:00 AM to 4:00 PM		
Thu 10:00 AM to 8:00 PM		
Fri 10:00 AM to 4:00 PM		
Phone: (916) 487-2090 Email: sacramento_familysearch_library@familysearch.org		



We offer classes and research groups on a variety of family history topics. Below are class schedules. You are welcome to attend in person in the Center. All classes are free to the public.

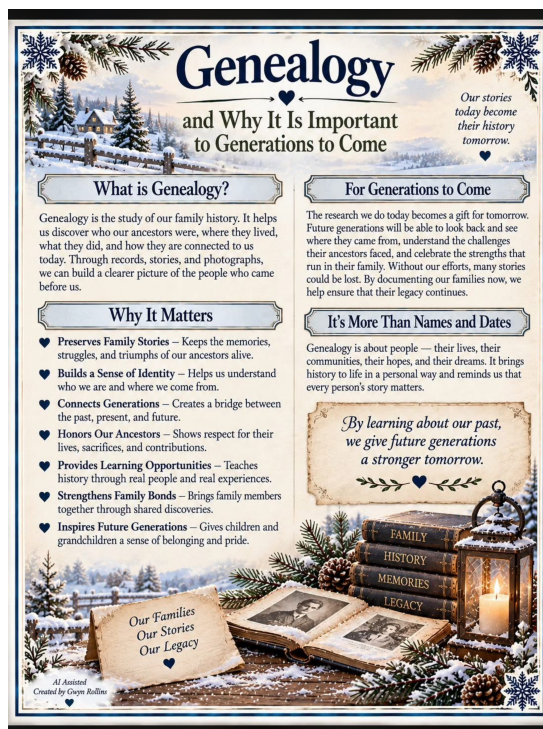
Some classes are also broadcast as webinars. To access, click on "Register." Make sure your headphones or speakers are connected before you enter the webinar. Please join 15-20 minutes before the start time to ensure your sound is working.

Oct 6, Tue
11am – 12pm
Goldie May #5 A.I. FamilySearch Simple AI - Christine Walker - Sacramento

Oct 13, Tue
11am – 12pm
Beginning FamilySearch Quick Start class in CHINESE. Eighth of ten lessons. - Wendy Mellblom - Sacramento

Nov 10, Tue
11am – 12pm
Beginning FamilySearch Quick Start class in CHINESE. Ninth of ten lessons. - Wendy Mellblom - Sacramento

Dec 8, Tue
11am – 12pm
Beginning FamilySearch Quick Start class in CHINESE. Tenth of ten lessons. - Wendy Mellblom - Sacramento



News from the Sacramento Central Library

Free genealogy presentations online via Zoom one Saturday each month at 1 pm.

Sign up through the Events Program Calendar at www.saclibrary.org.

If you have any questions, please email contact@saclibrary.org

"Dear Genealogy Friends:

Here is information about the library's upcoming genealogy programs,
planned by librarian Dave Munger



October 24, 2026

Genealogy Research in the California State Library's California History Section, by Kristi Powell

Learn how to do genealogy research in the California State Library's California History Section !

November 21, 2026

Till the Cows Come Home: Ranchers, Rustlers and Rodeo, by Cindy Brennan

From land records to criminal records to cattle branding records, learn about the unique records that exist if your families were attached to ranching.

December 19, 2026

Tips for Breaking Brick Walls, by Lisa Gorrell

Has your genealogy research run up against a brick wall? Learn techniques to break through those walls!

View past genealogy presentations on our YouTube channel.

WHAT NOT TO PUT IN AN OBITUARY

A death notice can publish the exact facts a bank uses to prove identity. Criminals buy the rest online and open accounts in a name nobody is watching.
An estimated 2.5 million names a year.

1 THE IDENTITY DETAILS

- Exact date of birth
- Place of birth
- Middle name
- Maiden name
- Mother's maiden name
- Five bank security answers.

2 THE LOCATION DETAILS

- Home address. Name the town
- Funeral date and time
- Full names of children
- Employer and job history
- A funeral notice tells a burglar the house is empty.

3 WHY IT WORKS SO WELL

- Nobody is watching. The victim cannot check a credit report
- Records lag. The death takes weeks to reach every file
- Calls land mid-grief. Fake collectors push hard
- The rest is cheap. Addresses and numbers sell online

4 THE FIRST WEEK

- Tell Social Security and confirm it is on record
- Send a death certificate to each bank and lender
- Ask all three bureaus to add a deceased notice
- Pull the credit report now and again in three months

THE BOTTOM LINE

An obituary is a public record. Publish the life, not the paperwork: no full birth date, no street address, no funeral time.

Carol Dunkel's Story

How our President, Carol Dunkel and our Vice President Lin McNamara are related!



I will begin with Generation 1 John Lewis I who married Isabella Warner
and Augustine Warner who married Mildred Read
Augustine Warner and Mildred Read were the parents of three daughters and one son.
The son died without descendants.

Mary Warner married John Smith they went back to England and are said to be ancestors to Elizabeth, mother of Queen Elizabeth II.

Mildred Warner married Lawrence Washington. Their son Augustine Washington married #2 Mary Ball. Their son is George Washington, 1st President of the United States. Our 2nd cousin 8X removed.

Elizabeth Warner married her cousin, Counselor John Lewis II. (Lin and I are descendants of this couple. There are frequent intermarriages among cousins in this family. The Lewis family is considered among America's first families. I will label Lin's direct ancestors with a star*. I will label my direct ancestors with an X)

* x Elizabeth Warner and John Lewis were the parents of 14 children, among them were Charles Lewis *x, Mildred Lewis x and Col. Robert Lewis *

Charles Lewis *X married Mary Howell *x

Mildred Lewis x married Henry Willis x

Col. Robert Lewis * married Jane Meriwether*

Charles Lewis *x and Mary Howell *x were the parents of 8 children among them were Howell Lewis x, Elizabeth Lewis x and Mary Lewis *

Mildred Lewis x and Henry Willis x were the parents of Mary Isabella Willis x

(Mildred Lewis Willis died shortly after Mary Isabella was born Henry Willis quickly remarried Mildred's cousin #3 Mildred Washington who would raise Mary Isabella Willis)

Col. Robert Lewis* and Jane Meriwether* had sons Robert Lewis Jr. * and William Lewis.

Howell Lewis x married his cousin Mary Isabella Willis x

Elizabeth Lewis x married William Kennon II x

Robert Lewis Jr. * married his cousin Mary Lewis*

William Lewis married his cousin Lucy Meriwether

Their son was Meriwether Lewis, 1st cousin to Lin's family and 2nd cousin to my family..

Howell Lewis and Mary Isabella Willis had daughter Mary Howell Lewis x

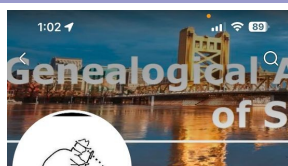
Elizabeth Lewis x and William Kennon had Charles Lewis Kennon x

Robert Lewis Jr. * and Mary F. Lewis* had James F. Lewis*

Charles Lewis Kennon x married his cousin Mary Howell Lewis they had 16 children among them was William Kennon x who married Mary Alston they had 4 girls and 1 boy. Their daughter Catheine Kennon married Joseph Robertson. Their grandson William Kennon Robertson is my grandfather.

James S Lewis* married Anne Stewart * had Jesse S. Lewis * they had a son William Lewis who married Charity Gibson their daughter Mary Josephine Lewis is Lin's great-grandmother.



**Genealogical Association of Sacramento**

9 followers • 12 following

Genealogy group that shares research tips. Meets monthly featuring speakers on various topics relating to genealogy.

*Did You Know?****We have a Facebook page******Listed as Genealogical Association of Sacramento******A post is added most Mondays or Tuesdays******If you are on Facebook,******Please like and or comment each week...as this is a great way to share with others******Also, feel free to add postings relevant to GAS******October is National Family History Month***

October is officially recognized as National Family History Month in the United States, established by a U.S. Senate resolution in 2001 to encourage citizens to research, preserve, and celebrate their cultural heritage and ancestral roots.

Why October is Significant

- **Congressional Designation:** Introduced by Senator Orrin Hatch in September 2001, the annual observance highlights the personal and collective value of understanding where we come from.
- **Cultural Intersections:** October also hosts multiple overlapping heritage observances, including Filipino American History Month, Polish American Heritage Month, Italian American Heritage and Culture Month, and German-American Day.
- **Global Traditions:** While the U.S. and parts of Canada focus on October, countries like Australia and New Zealand observe Family History Month in August, and Latin America honors ancestors through Día de los Muertos on November 1–2.

Ways to Celebrate Family History Month

- **Interview Relatives:** Speak with older family members to record oral histories, capture memories, and identify names or dates in older photo albums.
- **Digitize Archives:** Scan vintage photographs, letters, and scrapbooks using home equipment or mobile apps like FamilySearch or Ancestry to protect them from physical decay.
- **Explore Free Tools:** Utilize library databases and public archives (such as census data released by the National Archives) to break through genealogical brick walls.
- **Visit Local Societies:** Check out regional programs, such as open houses or virtual classes hosted by organizations like the National Genealogical Society.

Chicken & Dumplings



Ingredients Soup

- 2 Tbsp. extra-virgin olive oil
- 1 large yellow onion, finely chopped
- 2 medium carrots, peeled, finely chopped
- 1 celery rib, finely chopped
- 1 tsp. dried oregano
- Kosher salt
- Freshly ground black pepper
- 3 garlic cloves, finely chopped
- 4 boneless, skinless chicken thighs
- 2 boneless, skinless chicken breasts
- 6 cups low-sodium chicken broth
- 3 thyme sprigs

Dumplings & Assembly

- 1 1/2 cups (180 g.) all-purpose flour
- 1 Tbsp. baking powder
- 1 1/2 tsp. kosher salt
- 1 large egg
- 2/3 cup buttermilk
- 2 Tbsp. unsalted butter, melted
- 1 cup heavy cream
- Finely chopped fresh parsley, for serving

Recipe Tips

How to make the best soup for chicken and dumplings: While some chicken and dumplings recipes only use a simple chicken soup in their recipe, I decided to give mine the treatment it deserves. I use chicken breasts and chicken thighs in this recipe, which I think is worthwhile, but feel free to use one or the other if you prefer. I also add some body to the soup by incorporating some heavy cream, which takes the soup's comfort factor up several notches.

How to make the best dumplings: It's no secret: Dumplings are the star of this classic comfort food. To achieve the ideal soft, pillowy texture, I went with the standard mixture of flour, baking powder, salt, egg, butter-milk, and melted butter, but increased the baking powder significantly to give them more volume.

Directions Soup

Step 1

In a large Dutch oven or heavy pot over medium heat, heat oil. Cook onion, carrots, and celery, stirring occasionally, until tender, about 7 minutes. Stir in oregano; season with salt and pepper. Add garlic and cook, stirring, until fragrant, about 1 minute more.

Step 2

Add chicken, broth, and thyme to pot and bring to a boil. Reduce heat to medium-low and simmer, stirring occasionally, until chicken is cooked through, about 10 minutes. Transfer chicken to a plate or cutting board and shred with 2 forks. Keep soup at a simmer until ready to use.

Dumplings & Assembly

Step 1

In a large bowl, whisk flour, baking powder, and salt. Make a well in center of flour mixture. Add egg, buttermilk, and butter to well and whisk with a fork until combined.

Step 2

Add shredded chicken and cream to soup, then return to a simmer. Drop spoonfuls of dumpling mixture into pot. Cover and cook over low heat until dumplings are cooked through, about 10 minutes.

Step 3

Top soup with parsley.

